

YEAR PLAN

Third Year Representative

Zoe Sanvido

McMaster Science Society

2023-2024

(submitted September 3 2023)

**MCMASTER
SCIENCE
SOCIETY**





2023-2024 Year Plan

Letter from the Position

Hi MacSci! My name is Zoe Sanvido and I have been elected as the third year representative for MSS for the 2023-2024 school year! I am a third year student in the Honours Kinesiology program. This will be my first year on MSS and I am looking forward to being a part of this team. I feel that there has been a separation between Kinesiology and that of the MSS, so I am excited to be able to bring representation to this club.

This upcoming year there are two goals that the year representatives are working towards. We are working in conjunction with the MSU via the SRA science representatives. This will allow for a more cohesive flow of ideas and events between the MSS and MSU, establishing a better connection and experience for everyone involved. Another goal is student engagement. In prior years there has been no online engagement from year representatives. Having an instagram account for each year would allow for more students to keep up to date on events that MSS is holding and serve as an efficient form of communication between year representatives and corresponding students.

Entering our third year is stressful as we continue to narrow down what our plans are post-grad. As a third year rep, it gives me the opportunity to collaborate with the second year rep to find opportunities such as labs and volunteering experiences, as we still have time to get involved. It also allows me to collaborate with the fourth year rep to allow students to see what post-grad or career options are awaiting them in a couple years.

Overall, I am excited to get to work with this amazing team and implement as well as see through the events and goals planned to make the 2023-2024 school year a memorable one!

Zoe Sanvido
Third Year Representative
thirdyear@macsci.ca

TIMELINE



Month	Objective/Project/Event/Goals
June	<ul style="list-style-type: none"> - Meetings with MSS executive and general team
July	<ul style="list-style-type: none"> - Meetings with MSS executive and general team - Meeting with other MSS year representatives to coordinate events
August	<p>Events/Projects:</p> <ol style="list-style-type: none"> 1. Communicate with the MSU 2. Start planning surveys 3. Third year instagram page <p>Things to complete:</p> <ol style="list-style-type: none"> 1. Year Plan 2. Assist in Welcome Week booth
September	<p>Events/Projects:</p> <ol style="list-style-type: none"> 1. Survey set up - first one should be sent out <p>Things to complete:</p> <ol style="list-style-type: none"> 1. Continue to work with MSU 2. Update MSCAF by approving reviews
October	<p>Things to complete:</p> <ol style="list-style-type: none"> 1. update MSCAF 2. Meeting with year reps
November	<p>Events/Projects:</p> <ol style="list-style-type: none"> 1. Second survey to be sent out 2. de-stressor <ol style="list-style-type: none"> a. caffeine, crafts, and chill <p>Things to complete:</p> <ol style="list-style-type: none"> 1. Plan December event 2. update MSCAF
December	<p>Events/Projects:</p> <ol style="list-style-type: none"> 1. Holiday De-stressor <p>Things to complete:</p> <ol style="list-style-type: none"> 1. preparation and promotion of event
January	<p>Events/Projects:</p>



	<p style="text-align: right;">1. Study habits</p> <p>workshop</p> <p style="padding-left: 20px;">a. student success center</p> <p>2. research/lab seminar</p> <p>3. survey end of january - help of SRAs</p> <p>Things to complete:</p> <p style="padding-left: 20px;">1. Update MSCAF</p>
February	<p>Events/Projects:</p> <p style="padding-left: 20px;">4. summer opportunities and deadlines made available</p> <p style="padding-left: 20px;">5. de-stressor event</p> <p style="padding-left: 40px;">a. valentines related</p> <p>Things to complete:</p> <p style="padding-left: 20px;">3. Update MSCAF</p>
March	<p>Events/Projects:</p> <p style="padding-left: 20px;">1. lab events/research</p> <p style="padding-left: 20px;">2. alumni professional workshop</p> <p>Things to complete:</p> <p style="padding-left: 20px;">4. update MSCAF</p>
April	<p>Events/Projects:</p> <p style="padding-left: 20px;">1. end of year bonfire</p> <p style="padding-left: 20px;">2. survey mid april</p> <p>Things to complete:</p> <p style="padding-left: 20px;">5. feedback forms from all surveys</p> <p style="padding-left: 20px;">6. transition report for next year's rep</p> <p style="padding-left: 20px;">7. update MSCAF</p>

OBJECTIVES:

Collaborate with MSU via SRA representatives	
Description/ Current State	In the past the McMaster Student Union and the McMaster Science Society have acted separately, despite having similar goals and ideas in mind. This year, the SRA reps and MSS year reps are working in



	collaboration in hopes of establishing a partnership between the MSU and MSS that is helpful to both parties.
Goal	Working in conjunction with the SRA representatives and fellow MSS representatives: <ul style="list-style-type: none"> - attending meetings to keep up to date with discussions, ideas, and events for the MSU and MSS - SRA's promoting MSCAF as well as surveys to get the best experience for all third years in science
Long Term Implications	<ul style="list-style-type: none"> - establishing a connection between the MSU and the MSS for future representatives <ul style="list-style-type: none"> - allow them to collaborate on bigger and even more meaningful events
Partners	MSS year reps: 4th year rep - William Chen 3rd year rep- Zoe Sanvido 1st year rep- SRA Science Reps: Jazzlyn Abbott Parth Arora Isaac Begun Abdullah Masudi Fares Qannam Nelosha Suganthan

Collaborate with MSU via SRA representatives	
Description/ Current State	In the past the McMaster Student Union and the McMaster Science Society have acted separately, despite having similar goals and ideas in mind. This year, the SRA reps and MSS year reps are working in collaboration in hopes of establishing a partnership between the MSU and MSS that is helpful to both parties.



<p>Goal</p>	<p>Working in conjunction with the SRA representatives and fellow MSS representatives:</p> <ul style="list-style-type: none"> - attending meetings to keep up to date with discussions, ideas, and events for the MSU and MSS - SRA's promoting MSCAF as well as surveys to get the best experience for all third years in science
<p>Long Term Implications</p>	<ul style="list-style-type: none"> - establishing a connection between the MSU and the MSS for future representatives <ul style="list-style-type: none"> - allow them to collaborate on bigger and even more meaningful events
<p>Partners</p>	<p>MSS year reps: 4th year rep - William Chen 3rd year rep- Zoe Sanvido 1st year rep-</p> <p>SRA Science Reps: Jazzlyn Abbott Parth Arora Isaac Begun Abdullah Masudi Fares Qannam Nelosha Suganthan</p>

<p>Increase Student Engagement</p>	
<p>Description/ Current State</p>	<p>Although the role of year representative is undefined, one of the main goals is to represent the students. In order to do so we must increase student engagement. This can be done through our own years instagram accounts, hosting events during non stressful/busy times, and collaborating with other clubs (ex. MSU).</p>
<p>Goal</p>	<p>Increase student engagement via the following avenues</p> <ul style="list-style-type: none"> - instagram accounts run by individual year representatives - hosting fun destressors - reviewing survey information taken from student body - collaborate with fellow student reps to see when events should take place in accordance to student preference



Long Term Implications	<ul style="list-style-type: none"> - Gives third year representatives a memorable experience <ul style="list-style-type: none"> - allows them to get the most out of the science society and all the events they are hosting for them
Partners	<p>MSS year reps: 4th year rep - William Chen 3rd year rep- Zoe Sanvido 1st year rep-</p> <p>SRA Science Reps: Jazzlyn Abbott Parth Arora Isaac Begun Abdullah Masudi Fares Qannam Nelosha Suganthan</p>

Collaborate with fellow MSS Year Reps	
Description/ Current State	<p>Collaborate with fellow MSS year representatives to coordinate events for students that would work for all years if appropriate. This would allow us to get the most out of the budget allocated to us, as well as aid with objective 2 in increasing student engagement.</p> <ul style="list-style-type: none"> - third years are in a stage where you are thinking about what opportunities there are post-grad, while still having 2 years left of undergrad
Goal	<ol style="list-style-type: none"> 1. Host events to help third years get more involved <ol style="list-style-type: none"> a. done in conjunction with second and first year representatives <ol style="list-style-type: none"> i. lab event 2. Host events to help aid third years in planning post-grad options <ol style="list-style-type: none"> a. done in conjunction with fourth year rep <ol style="list-style-type: none"> i. careers night



Long Term Implications	- have third years feel more prepared about the upcoming academic years and hopefully alleviate some of that pressure and stress
Partners	MSS year reps: 4th year rep - William Chen 3rd year rep- Zoe Sanvido 1st year rep-

EVENTS & PROJECTS

Name of Event/Project: Student Surveys	
DATE	End of September, start of December End of January, start of April
PURPOSE	Attain a better understanding of the needs of third year science students at critical points in the semesters (beginning and end). Allows year representatives to improve upcoming events for students.
PROCEDURE	Create surveys adhering to students and release on the agreed upon dates.
DIFFICULTIES	Creating questions that adhere to all sciences students <ul style="list-style-type: none"> - propose a section for all students to answer and then more personalized ones for each year - trying to make this an easy survey as to not take up more of students time
PARTNERS	MSS year reps
PROJECTED OUTREACH	Surveys will be helpful to all students in a science program. My targeted outreach will be third year students in science.
BUDGET	

Name of Event/Project: caffeine, crafts, and chill	
DATE	November



PURPOSE	De-stressor event nearing midterms, where students get to engage with one another, away from academics.
PROCEDURE	Year Rep meeting to brainstorm, fill out EOHSS, book rooms, comms form for outreach.
DIFFICULTIES	Having adequate engagement from students, MSS members and outreach
PARTNERS	MSS year reps
PROJECTED OUTREACH	All students under faculty of science
BUDGET	

Name of Event/Project: Holiday De-stressor	
DATE	December
PURPOSE	Holiday de-stressor where students get to engage with one another, away from academics.
PROCEDURE	Year Rep meeting to brainstorm, fill out EOHSS, book rooms, comms form for outreach.
DIFFICULTIES	Having adequate engagement from students, MSS members and outreach
PARTNERS	MSS year reps
PROJECTED OUTREACH	All students under faculty of science
BUDGET	

Name of Event/Project: Study Habits night	
DATE	January
PURPOSE	Allow students to have the opportunity to learn new study habits that would be beneficial come second semester.
PROCEDURE	Year Rep meeting to brainstorm, fill out EOHSS, book rooms, comms form for outreach.
DIFFICULTIES	Having adequate engagement from students, MSS members and outreach
PARTNERS	MSS year reps



PROJECTED OUTREACH	All students under faculty of science
BUDGET	

Name of Event/Project: Valentines De-stressor	
DATE	February
PURPOSE	Valentines de-stressor where students get to engage with one another, away from academics.
PROCEDURE	Year Rep meeting to brainstorm, fill out EOHSS, book rooms, comms form for outreach.
DIFFICULTIES	Having adequate engagement from students, MSS members and outreach
PARTNERS	MSS year reps
PROJECTED OUTREACH	All students under faculty of science
BUDGET	

Name of Event/Project: Research/Lab Seminar	
DATE	March
PURPOSE	Given third years an opportunity to learn and explore different labs on campus that they can apply for. A variety of labs to cater to a variety of research interests.
PROCEDURE	Year Rep meeting to brainstorm, fill out EOHSS, book rooms, comms form for outreach.
DIFFICULTIES	Having adequate engagement from students, MSS members and outreach
PARTNERS	MSS year reps
PROJECTED OUTREACH	All students under faculty of science
BUDGET	

Name of Event/Project: Alumni Professional Workshop	
DATE	March



PURPOSE	Give students the opportunity to speak and listen to professional alumni to prepare them for fourth year or post grad.
PROCEDURE	Year Rep meeting to brainstorm, fill out EOHSS, book rooms, comms form for outreach.
DIFFICULTIES	Having adequate engagement from students, MSS members and outreach
PARTNERS	MSS year reps
PROJECTED OUTREACH	third and fourth year students?
BUDGET	

Name of Event/Project: End of year Bonfire	
DATE	April
PURPOSE	Final event of the year to get the students together before exams and celebrate another year completed!
PROCEDURE	Year Rep meeting to brainstorm, fill out EOHSS, book rooms, comms form for outreach.
DIFFICULTIES	Having adequate engagement from students, MSS members and outreach
PARTNERS	MSS year reps
PROJECTED OUTREACH	All students under faculty of science
BUDGET	